

MITCH SMITH

Head Coach

After playing high school basketball as an All State player in Arizona, Coach Smith was a 6' 8" stand out forward at the University of Utah from 1985-1989. His next step, along with his wife Cindy, was a decade-long professional career in Europe, starting in Spain, moving to Turkey, then Belgium, and back to Turkey. Upon returning to the US, he coached the girl's basketball team at Woods Cross High for 10 years and coached AAU teams in the summer, which usually included one of his five children. Coach Smith is a "paraprofessional" at East High (a non-teacher working part-time in the school), while he continues his sales career at Otis Elevators.

To read more about Coach Smith: <https://www.deseretnews.com/article/865680485/Former-Ute-Mitch-Smith-hopes-new-job-as-East-High-coach-is-about-more-than-basketball.html>

GALE GONDREZICK

Assistant Varsity Coach

Gale grew up in Colorado and came to Utah to go to the University of Utah on a basketball scholarship. As a 6'4" guard, Gale played with Mitch Smith at the U. from 1984-88. He graduated from the U. with a B.S. in Sociology in 1989, and received an M.B.A. in 2002.

Gale currently works as a regional manager for Diversey Inc. and is single with two kids. His son Jacob played college basketball at Dickinson State, graduating in 2016, and his daughter Rachel is a Junior at St. Martins University where she plays on the volleyball team.

Gale was the starting point guard for three years at the U of U and specializes in teaching and coaching guard work and shooting.

MASON DUPAIX

Sophomore Coach

Mason DuPaix is also entering his first season at East High. Mason has always had a strong passion for playing and coaching basketball. Mason played high school basketball at Bountiful High from 2004-2006. Before coming to East, Mason coached at American Preparatory Academy in West Valley from 2015-2017. The 2016 team finished with a 15-1 record and won their first ever State Championship. Mason has also volunteered as a coach for AAU basketball teams in the community. His current team, Hard Work Crew, is comprised of 9th and 10th graders from Somalia, Sudan, and Kenya. Along with coaching, Mason volunteers his time with a program called Because He First Loves Us, where he tutors and mentors refugees from Somalia, Sudan, and Kenya.

Mason received his Bachelors Degree in Business/ Commerce & Professional Sales from Weber State in 2014 and is currently working on his second bachelors in Physical Education and Coaching. Along with coaching and being a student, Mason also works at Atlas Machinery where he's the Sales/Parts Manager. In his free time Mason loves to travel and do outdoor activities.

Coach DuPaix is very excited to be part of the East High program and helping the team build a winning culture.

AARON ENGLAND

Freshmen Coach

Aaron England was born and raised in Salt Lake City and played basketball at Cyprus High School from 2002-2006. He played AAU basketball with Salt Lake Metro in 2005. He signed a letter of intent to play basketball at Utah State University in the fall of 2005. In 2006, he was named first team all-state by the Salt Lake Tribune.

Aaron red-shirted at USU in 2006-2007 and then transferred to College of Eastern Utah where he spent two years (2007-2008 and 2008-2009) and led the SWAC in three-point shooting percentage (51.1%) in 2008-2009. Following his two years at CEU he transferred to Utah Valley University where he led the WAC in free throw percentage (95.2%) in 2009-2010.

Aaron ended up finishing a bachelor's degree in exercise science with a minor in nutrition from the University of Utah in the summer of 2012. He subsequently began working on a master's degree in exercise physiology at the University of Utah and finished that in the spring of 2014. Upon completing his master's degree, he earned national certifications in strength and conditioning (certified strength and conditioning specialist) and exercise physiology (certified exercise physiologist). In the fall of 2014, he began his doctorate in health, kinesiology, and recreation with a cognate in statistics and data analysis.

During his doctoral studies he has co-authored on two published papers and is the principal investigator on one that is in the review process. He has also discovered an interest in data analysis and machine learning. Currently, he is working on his dissertation, where he is studying kinematics and a speed-accuracy trade-off in the basketball jump shot, as well as attentional focus in jump shooting. He built and maintains his own website (aaronrengland.com) where he posts information on health, wellness, fitness, data analysis, as well as a progressive basketball counter progression skill program. Coach England says, "I am most passionate about the skill-development aspect of coaching and am looking forward to joining the East High basketball coaching staff as the Freshman coach." Along with duties as the Freshman Head Coach, he will also be in charge of all player's skill development.