

## **EAST HIGH SOCCER PROGRAM DISCLOSURE STATEMENT**

### **Description:**

The Soccer program at East High School is for 9<sup>th</sup> to 12<sup>th</sup> grade male and female students. The program's purpose is to use the game of soccer to build skills in leadership, commitment, selflessness and cooperation in a team setting. The program utilizes 3 teams including a sophomore, Junior Varsity, and a Varsity team. Each team practices every weekday, with at least 2 games per week. Varsity/JV games are typically scheduled on a Tuesday/Friday for boys and Tuesday/Thursday for girls during the season with few exceptions. Sophomore games are scheduled on non-varsity game days with some games during the week.

The soccer program at East is very competitive. While not required, previous playing experience at competitive levels is very beneficial. Students are encouraged to play at the highest possible level for their skill set. Playing against top competition and with players of the same or higher ability will increase their skills. Students are encouraged to participate at high levels, practice on their own, and watch competitive soccer to increase their understanding of the game. The soccer program is NOT in place to provide an extra social activity, or to be around friends. If making the team results in that, then that's a side benefit. Otherwise, we cannot put someone on the team because they want to "be with their friends" or something other than a complete commitment and passion for the game. One thing that is often overlooked by parents and others is that if a student cannot perform a drill with some degree of proficiency then it brings the level of practice down and creates frustration for others. Therefore each player selected needs to be able to perform at a certain level of proficiency and improve from there.

### **Goals:**

The program's goal is to create responsible, hardworking individuals who have learned to work cooperatively with other teammates. Each student will improve their soccer abilities as well as their fitness. The continued tradition of excellence is dependent on the effort expended by the students.

### **Requirements:**

- All students desiring an opportunity to be selected for the program must attend a "try-out" where a committee of experienced soccer coaches evaluate each applicant based on the following criteria: Academic Grades (G.P.A), Score on fitness test, Relative Speed, Athleticism/Coordination, Attitude, Strength on the Ball, Passing Ability, Ball touch, and Movement off of the Ball.
- Each member of the team must maintain a G.P.A above a 2.0 with no more than 1 F as per the requirements of UHSAA. Our program tracks the grades and attendance of each member of the team. If attendance or grades begin to fall, tracking sheets are required from the student until issues (D's and F's) are resolved.
- Students must be committed to attending every practice and game unless an emergency situation arises, and in such case, the student will inform the coach as soon as possible. If there is a consistent scheduling conflict, the students must inform the coach and work out a schedule beforehand. While as a coaching staff we are supportive of the extracurricular activities that students engage in as part of high school, one should not assume that missing practices will not

have a consequence. Reasonable reasons to miss practice do exist, however, one has to keep in mind that by missing practice, players are not participating in the conditioning that their teammates are doing nor are they participating or learning new drills, thus putting themselves behind. Injured players should attend practice if possible to watch and learn. Players who are sick should stay home, as we do not want to spread the illness around the team. However, notification should always be given to their coach.

- Students will not use any illegal substance and will consent to random drug tests.
- Each student must pass a physical examination and have health insurance in order to be able to participate in team practices and games.

**Grades:**

Grades for the program will be based on commitment to the program, i.e. attendance to practices, games, and extra activities.

I have read and support this disclosure statement

Student \_\_\_\_\_

Date \_\_\_\_\_

Parent/Guardian \_\_\_\_\_

Date \_\_\_\_\_