



*East High PTSA*

# **COMMUNIQUE**



*East High School's Communique is a cooperative publication of the PTSA and the Administration*

*April 2011*

## **IMPORTANT DATES IN APRIL**

April 1	End of 3rd quarter
April 4-8	SBO Election Week
April 5	Grades Due
April 7	Dance Company Try-outs
April 8	SBO Final Election/Voting
April 11-15	Class Elections
April 14	Dance Krew Try-outs
April 18-22	Spring Break
April 25-29	Dead Week
April 25	Pride Interviews
April 29	Midterm

## **GOLDEN APPLE AWARD PRESENTED TO LEIGH VANDENAKKER**



Each year, the Golden Apple Awards are presented by the Utah PTA and KUED in recognition of six outstanding educators and two exceptional volunteers. Selected from nominees from every school in Utah, these educators provide children with the educational and social tools needed to succeed. Last year, KUED and the Utah PTA celebrated twenty years of honoring dedicated teachers and volunteers in the state of Utah.

One of the distinguished recipients of the 2011 award is East's own Leigh VandenAkker. Mrs. V's class, "Techniques for Tough Times" helps teens navigate through the sometimes rough waters of high school. The class teaches students the skills to succeed in school and life, featuring communication, problem solving, anger management, goal setting, self discipline, group dynamics, and study skills.

Leigh VandenAkker not only co-authored the curriculum for this course, but teaches it with a passion and dedication to her students that is inspiring. She mentors each of her students; helping them achieve success academically, socially, and emotionally. Mrs. V. helps students understand the importance of doing well in school. She shows them the connections between the daily choices they make and the consequences or rewards of those choices. She is always smiling and positive, and she makes sure all of her students know that she "has

their back," and that she can be relied upon to be an advocate for them whenever and wherever they need her. She is also committed to involving the parents of her students in their day-to-day school activities. If a student is late or absent, or has a problem, she contacts the young person's parent or guardian immediately. By being so responsive to her students' progress through communication with parents, counselors, teachers, and administrators, Mrs. V. makes sure none of her students slip through the cracks. Her class room motto is "I Can Do Hard Things," and she shows through her actions that she has faith in her students' ability to do well, and that they always have her to support them.

The PTA nomination letter for Mrs. VandenAkker included this comment: "If the purpose of PTA is to provide a powerful voice for students by advocating for the education and well-being of every child, there is no more perfect model than Mrs. V. She is a tireless advocate for her students. Whether at East High or in the larger community, Mrs. V. is an activist for the rights of all students. She has connections in the Utah Legislature, the Utah State Office of Education's Safe and Drug Free Schools, the Homeless Shelter, other government agencies, and rehabilitation and treatment clinics. She does not back down from a challenge, especially when she sees injustice relating to children." Sheri Swenson, a former East PTSA President and now assistant in Mrs. V.'s class room says, "Mrs. V. gives and expects respect; and it is delivered. She stands up for issues that matter to her students. Turning student potential into reality – as the PTA advocates—happens best when educators follow Mrs. V.'s all-in, one-on-one approach to education. In Mrs. V.'s words, "Every child who walks through our door deserves to be respected and treated as our most valuable customer." This prestigious award could not be presented to a more worthy educator than Leigh VandenAkker. When informed that she was one of this year's winners, she replied "In a school where Amazing Happens every single day, it's all about team work – it's never about just one of us – never!"

**MARIA CHEVESICH CHOSEN AS NEWEST  
SALT LAKE DISTRICT SCHOOL BOARD  
MEMBER**

Each year one student is chosen to serve on the Salt Lake City District School Board to represent the voice of all students. Next year, Maria Chevesich, a junior from East High, will serve in this important capacity. Because of Maria's zest for learning and passion for life, she will be an ideal representative of the students in the district. Maria's energy and enthusiasm cover a wide range of interests. She carries a demanding school schedule; participating in lots of AP classes as well as Jazz Band, and Student government. Additionally, she is an active member of the National Honor Society. These are some of the adjectives that her teachers use to describe Maria: motivated, humble, very intelligent, well-informed, dynamic, always polite, and extremely involved in the school community. She also keeps abreast of community, national and international politics and events. She is driven to excel in all of her endeavors because she is fascinated by so many diverse subjects. She is the sort of student we can all be proud of, and is perfectly suited to represent her peers because she makes such a strong effort to understand issues from all perspectives and because she sees herself as an advocate for young people. We are convinced that Maria will do a splendid job of representing her fellow-students next year, and thank her for her commitment.

**PTSA**

Congratulations to Leigh VandenAkker, Techniques for Tough Times teacher, who won the statewide PTA Golden Apple Award in recognition of her excellent teaching practices. Leigh will be honored in a KUED documentary as well as an awards dinner in May. We appreciate Julie Black for writing her nomination.

In recognition of our wonderful teachers and staff, the PTSA sponsored "Teacher Appreciation Month" during March. The teachers were treated to a variety of indulgences, lunches, massages, everything green on St. Patricks Day and thank you notes from the students. Thanks to Karen Brittain, Lisa Paulsen and Jennifer Schiel for heading up this great event.

The East High street banners are up around the streets surrounding East High School. Thanks to the combined sponsorship of East High School, East High Foundation and East High PTSA for making this possible. Thank you to Lisa Adams, distinguished alum, for spearheading this project.

Nominations are being finalized for next year's PTSA Board. Please get involved in PTSA. It is a great way to volunteer at East High. You have direct access to the

administration, faculty and students and know what is going on at East High. There is a place for everyone's time and talents. Contact Karen Morgan, Nomination Chairperson, kbmyale@msn.com before the end of April.

The 3rd Annual Running of the Leopards on March 26 was a huge success! Thanks to the community for supporting this event. We had over 1000 registered runners and set a new course record at 14:18 minutes.

Many thanks to the Running of the Leopards Committee: Dr. Sagers, Bill Cobler, Melissa Mecham, Diana Gessel, Julie Black, Katy Christiansen, Jen McCoy, Patti Christensen, Melanie Robbins, Donna Bates, Carla Cantor, Jenni Thompson, Lisa Verhaaren, Angela Smart, Mary Ann Rasmussen, Amy Curtis, Swantje Hollenhorst, Karen Brittain, Tristan Schultz, Susan Webster, Carson Garfield, Dana Wiest, Liz Whitney, Jayne Barnett, Jennifer Price- Wallin and Chris Match.

Thanks to the many volunteers, both students, parents and alumni who helped stuff race packets, distribute packets and volunteer on race day!

We would like to thank our generous sponsors and encourage your supporting their businesses!

Platinum:

Utah Sports Med  
East High Foundation

In Kind Donors

Creamies Prem.Ice Cream  
Schiff Nutrition  
East High School

Silver

Sole Treadmills  
PTA Healthy Lifestyles  
Reagan Outdoor Advertising  
Anonymous Parent Donor

Fresh Market  
Dans Foods  
Harmons  
DJB Enterprises  
APCOcapital.com  
Yesco

Bronze:

SCW Group  
Blue Lemon  
UtahRunning.com

This is the Place Park  
Einsteins  
Salt Lake Marathon

Prize Donations:

City Cleaners (1300 S. 1100 E.)  
Sizzler (2100 S. 1300 E.)  
Skull Candy  
Utah Jazz  
Miller Sportspark  
Salt Lake Bees  
Fanzz  
Papa Johns Pizza  
Ruth Chris Steakhouse  
Ginny Stone, massage therapist  
Karen Brittain

## TRADE AND TECHNOLOGY

I would like to say I am proud of East High trade and technology students that competed at the state SkillsUSA Competition. This year was by far the best East High has had at the competition, with 3 Golds, 2 Silvers, and 6 Bronze metals being awarded in 7 different contest areas. In previous years the most metals awarded to East High has been 3.



### Golds:

Chase Hatch-Graphic Communications  
Tanner King-Television (Video Production)  
Isaiah Miller-Television (Video Production)  
These three will be attending the the National SkillsUSA Competition June 20-26th

### Silvers:

Andrew Hagedorn-Graphic Communication  
Luke Hansen-Screen Printing Production

### Bronze:

Talus Baddley-Advertising Design  
Christian Bennett-Extemporaneous Speaking  
Tyler Blood-Pin Design  
Blake Jackson-T-Shirt Design  
Christian Dunbar-Web Design  
Hayden Taylor-Web Design

The following students attended the competition:

Talus Baddley - Advertising Design  
Villa Jesus - Automotive Refinishing Technology  
Christian Bennett - Extemporaneous Speaking  
Tyler Blood -- Pin Design  
Justus Bruder -- Advertising Design  
Michael Cisneros -- Collision Repair Technology  
Christian Dunbar -- Web Design  
Andrew Hagedorn -- Graphic Communication  
Luke Hansen -- Screen Printing Production  
Chase Hatch -- Graphic Communications  
Huggins, Oliver Broadcast News Production  
Blake Jackson -- T-Shirt Design  
Tanner King -- Television (Video Production)  
Isaiah Miller -- Television (Video Production)  
Aesher Ossana -- Photography  
Miranda Owens -- Miranda Broadcast News Production  
Nyssa Pack -- Broadcast News Production  
Isabele Rodriguez -- Broadcast News Production  
Madeline Smith -- Photography  
Hayden Taylor -- Web Design  
Samuel Terry -- Screen Printing Production

All of the students worked hard getting ready and should be commended on their effort.

## THIRD ANNUAL CONCERTO / RECITAL NIGHT



The music department and the PTA proudly present the third annual East High School Concerto/Recital Night--an unforgettable night of music with solo student performances that you won't want to miss! May 23rd at 7:00 pm at the prestigious Dumke Recital Hall in the music building on the University of Utah campus, free admission, refreshments served. Auditions for students interested in performing instrumental or vocal numbers in the Recital night will be held on Wednesday, April 13th at 2:30 in the choral room. Please see Mr. Schwemmer or Mrs. Slinger for details and to sign up for an audition time.

### CESAR CHAVEZ CONTEST 2011

Every year, the Salt Lake City School District puts on a contest for K-12 students in the entire district - the Cesar Chavez Contest. This year's theme was "Leaders for Justice in our Communities and the World." The students could submit either a language arts or visual arts entry. East High School is especially proud of the winners of the 11th -12th grade language arts subcategory! The winners are:

1st place Aleksandra Obradovic East Mr. Dimick  
2nd place Night Loperito East Mr. Dimick  
3rd place Noris Marcial Jimenez East Ms. Dannhauer  
Honorable Mention Krishna Sanyashi East  
Ms. Dannhauer

Currently, all Grand, 1st, 2nd, 3rd and Honorable Mention entries are on display at the Mestizo Coffeehouse (631 W. North Temple--at the base of the Citifront apartment buildings). Go and take a look at the amazing work our students did! Go East!

### EAST HIGH SCHOOL STUDENTS EARN HIGHEST RANK IN NATIONAL FORENSIC LEAGUE



Ripon, Wisconsin – March 21, 2011

The East High School Debate program, under the direction of Coach Cate Praggastis, is pleased to announce their latest recognition: Christian Bennett and Mike Ricks from East High School, UT, have earned the National Forensic League's degree of Premier Distinction, the highest student degree in the honor society. A degree of Premier Distinction reflects sustained excellence in classroom activities, competition rounds and service projects. Students may earn points in six separate categories: speech, debate, congress, service, district, and national. Only about four hundred students out of NFL's 112,000 student

members receive the degree of Premier Distinction each year – about 1/3 of 1 percent .

#### About the NFL

The National Forensic League (NFL) is a 501(c)3 not-for-profit honorary society whose mission is to promote high school and middle school speech and debate activities as a means to develop a student's essential life skills and values. More than 112,000 high school and middle school students, representing more than 2,800 high schools and nearly 100 middle schools, are currently building their communication, leadership, cognitive, and presentational skills as members. Since 1925, more than 1.3 million students have found their voice in the NFL. For more information, visit [www.nflonline.org](http://www.nflonline.org).

### CHEERLEADING

The East High Cheerleading Squad would like to thank all of the girls who tried out for the team, and congratulate and welcome our new 2011-2012 squad:

Victoria Brown	Jayde Archuleta
Angela Hales	Paige Bell
Sage Mack	Sarah Blackner
Brynn Peterson	Alexa Bringham
Amanda Sutton	Celecia Brewington
Lily Staniforth	Lindsay Carmen
Sammie Tidwell	Kayla Duong
Stephanie Wiest	Karina Garcia

Madison Jones  
Taylor Lines-Gaultney  
Ivy Taylor  
Sadie Weichers  
Molly Wiscomb  
Brittney Hailes  
Victoria Khadzko  
Brenda Paredes

### BOYS SOCCER



Boys soccer started on March 1st with 75 students trying out for the team. After some difficult decisions, the team was set and practice began in earnest. Weather has not been very cooperative, nonetheless, games were played. Non-region games against Granger, West, and Mountain Crest were played resulting in a 2-1 record prior to region play beginning. With a huge game against Highland to begin region play, the team stepped up and avenged a home loss to Highland last year by scoring a golden goal with only seconds left in the second overtime to notch a win in a hard fought game by both teams. James Barker scored the winning goal on an assist from Blake Smith. Region 6 will be difficult this year with strong teams in the mix for a select few playoff spots. The team is dedicating the season to Heather

Hulbert, the mother of team captain Joel Hulbert, who sadly passed away just prior to the beginning of the season. She was a tremendous fan and supporter of East High Soccer and the team felt this was a small way to recognize her and her support over the past few years."

### EAST HIGH SCHOOL LADY LEOPARD BASKETBALL BANQUET EAST HIGH BALLROOM APRIL 11, 2011, 6:00 P.M.

#### DANCE COMPANY AUDITIONS



□ Workshops will be April 5th and 6th at 3:15-5:15pm in the dance studio C222.

You will be learning 3 short pieces and basic jazz technique.

□ Auditions will be April 7th at 3:00pm in the dance studio C222.

□ Be sure to pick up an audition packet from Tuesday Siciliano in room C222 before auditions. Packets will be due the first day of workshops.

□ For more information or questions please contact Tuesday Siciliano at 801-583-1661 ext 3222 or email at [tuesday.siciliano@slcschools.org](mailto:tuesday.siciliano@slcschools.org)

#### EAST HIGH DANCE KREW AUDITIONS

The East High Dance Krew is dance group that primarily focus on hip hop and break dancing, but do other styles as well. All students, (incoming Freshmen included) both boys and girls, are encouraged to audition.

• Workshops: April 12th and 13th at 3:15-5:15pm in the dance studio room C222

• Auditions: April 14th at 3:00pm in the dance studio room C222

Both workshops are mandatory! You will be learning the audition material. If you are interested in auditioning, pick up an audition packet from Tuesday Siciliano in room C222.

Questions?? Call 801-583-1661 ext. 3222 or Email - [Tuesday.siciliano@slcschools.org](mailto:Tuesday.siciliano@slcschools.org)

#### EAST HIGH ES LO MÁXIMO EN CUANTO A LAS COMPETICIONES DE STATE SKILLS USA

Estas competiciones fueron llevadas en el Colegio de la Comunidad de Salt Lake City el 24 y el 25 de marzo. Nosotros estamos muy orgullosos de nuestros estudiantes en la Educación de la Tecnología, en su preparación y terminación en la competición. Este año fue sin lugar el mejor con 3 medallas de oro dos

de plata y seis de bronce, otorgadas en 6 diferentes áreas.  
Felicitaciones para la Profesora de Técnicas para  
Tiempos Dificiles

Leigh VandenAkker, la quien ganó la competición estatal  
PTA con el premio de la Manzana Dorada. Ms.

VandenAkker se le fue otorgado este premio por sus  
excelentes prácticas pedagógicas. Leigh será reconocida  
en el documental de KUED y también en una cena en el  
mes de mayo. Le damos gracias a Julie Black por  
nominarla.

Ella también esta dedicada a trabajar con los padres de  
sus estudiantes y del las actividades de todos los días.

Cuando un estudiante está ausente, Ms. VandenAkker  
llama a los padres inmediatamente. La comunicación con  
los padres es muy importante y apreciada. El dilema de  
su clase es “Yo puedo hacer cosas difíciles” y los  
estudiantes trabajan para conseguirlo.

En reconocimiento a nuestro maravillosos profesorado y  
empleados, la asociación de PTSA, organizó “el mes de  
la apreciación de los maestros” la asociación preparó  
almuerzos y masajes y muchas otras cosas. Queremos  
darles las gracias a Karen Brittain, Lisa Pulsen y a  
Jennifer Schiel por toda la organización del evento.

Audiciones para la Compañía de Baile

Los talleres serán el 5 de abril y también el 6 a las 3:15  
hasta las 5:15 en el estudio de C222. Tu aprenderás 3  
piezas cortas.

Las audiciones serán a el día 7 a las 3:00 en C222

Para mas información contacte con Tuesday Siciliano  
801-583-1661 ext. 3222

**LOS ESTUDIANTES DE EAST HIGH GANAN EL  
MAXIMO RANGO EN LA LIGA NACIONAL  
FORENSE**

El programa de debate de la escuela de East High bajo la  
dirección de la profesora Kate Praggastis, esta orgullosa  
de anunciar su ultimo reconocimiento.

Sobre NFL: la Liga Nacional Forense es una sociedad sin  
propósitos de lucro cual misión es patrocinar en High  
school y middle school debate con la meta de desarrollar  
el estudiante para el futuro. Esta sociedad funciona desde  
1925 y tiene mas un millón y

# APRIL 2011

Monday

Tuesday

Wednesday

Thursday

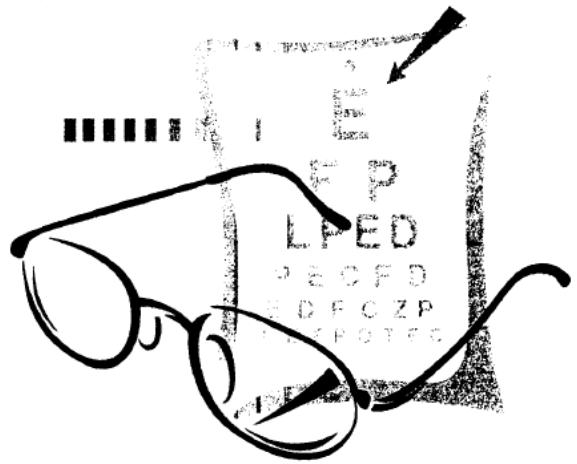
Friday

Sat/Sun

				1	A	2/3
				State FBLA Competitions Early Release Day SOC EHS@WXHS v3:30/jv5:30 END OF 3RD QUARTER		T&F UVU Invitational Fr/So BsB EHS@WdsX 11:00&1:00
4 SBO Election Week Faculty Meeting	5 PTSA Meeting 9:00am BsB EHS@HHS v3:45; jv 5:30 Dance Co WKSP 2:30-5 Grades Due SOC EHS@Bx Elder v3:30; jv 5:30	6 Panorama Picture Day T&F EHS, WX @Tooele SBO Primary Dance Co WKSP 2:30-5	7 SB EHS@ HHS v3:30/jv5:30 BsB Stnsbry@EHS v3:45; jv 5:30 East High Idol Night 7:00 pm. Dance Co Auditions 2:30-7	8 Final Election Assembly /Voting SOC EHS@Tooelev3:30/jv5:30 T&F Arcadia Invitational	B	9/10 ACT Fr/So BsB Btfl@ EHS 11:00&1:00 UHSTCA Invitational @ Timpanogos T&F Arcadia Invitational
11 Late Start Day Class Election Week SCC-4:00 B402 Golf @wdsX 1:00 SB JMCHS@EHS 3:30	12 BsB EHS@ Tooele v3:45; jv 5:30 Fr/So BsB EHS@Tooele 11:00&1:00 SOC Oly@EHS v3:30/jv5:30 SB EHS@ Btfl v3:30/jv5:30 Tennis Tooele@EHS 3:30 Dance KrewWksp 2:30-4:45	13 T&F Btfl, Stnsbry, WX @ EHS3:30 Piano Recital 6:00-9:00 Dance KrewWksp 2:30-4:45	14 BsB Oly@EHS v3:45; jv 5:30 Concert Band Fttl @Stnbry 4:00pm SB Tooele@EHS v3:30/jv5:30 Tennis HHS@EHS 3:30 Dance Krew Auditions 2:30-4:45 State Drama Golf @EHS 2:00 SOC EHS @Btfl v3:30/jv5:30 SIC 2:40pm B402	15 State Drama Barbershop/ BsB EHS@Btfl v3:45; jv 5:30 SOC EHS@Stnsbry v3:30/jv5:30	A	16/17 State Drama Fr/So BsB Stnsbry @ EHS 11:00&1:00 BsB San Diego Tournament T&F Taylorsville Invite 9:00am
18 Spring Break BsB San Diego Tournament	19 Spring Break BsB San Diego Tournament	20 Spring Break BsB San Diego Tournament	21 Spring Break BsB San Diego Tournament	22 Spring Break		23/24 T&F TBD
25 DEAD WEEK Pride Interviews	26 DEAD WEEK SOC HHS@EHS v3:30/jv5:30 SB EHS@ Oly v3:30/jv5:30 Golf @Btfl 2:00 TE n EHS@Viewmont 3:15	27 DEAD WEEK SB RHSM@EHS v3:30/jv5:30 T&F Btfl,Oly,Tooele@EHS 3:30 TEN RHSM@ EHS 4:00	28 DEAD WEEK BsB HHS@EHS v 3:45; jv5:30 SB Stnsbry@EHS v3:30/jv5:30 Tennis EHS@Oly 3:30 Orchestra Fttl @HHS 4:00pm	29 BsB EHS@WXHS v 3:45; jv5:30 DEAD WEEK MIDTERM SOC WXHS@EHS v3:30/jv5:30	B	30/1 Fr/So BsB EHS @Cyprus 11:00&1:00 T&F Davis Invite 9:00 SB Swing for life-

# Vision Clinic

- Free Exams
- Free Glasses



**Who:** Students age 4-18 in need of vision correction and who qualify for free/reduced lunch.

**Where:** April 12th-Lincoln Elementary—1090 South 200 East  
April 13th-Edison Elementary— 466 S. 1520 West  
April 14th -North Star Elementary— 1545 N. Morton Drive

**When:** 8am-5pm

OneSight will bring their state-of-the-art Vision Van to select elementary schools to give exams and glasses. Most glasses will be made on-site in about an hour. Please bring signed consent form with you the Vision Van.

For more information contact Mary VanMinde 801.578.8212.



# *Clothes Give Away!*

*Where: West High School*

*241 N. 300 W.*

*When: Saturday, April 9th, 2011*

*9:00 am - 1:00 pm*

*What: Give away of gently used clothes  
and some household items*

*Who: All family of East High and West High  
School Students Welcome!*



# *¡Ropa Gratis!*

*Donde: West High School*

*241 N. 300 W.*

*Cuando: Sabado, Abril 9th, 2011*

*9:00 am - 1:00 pm*

*Que: Estamos regalando ropa usada y cosas para casa*

*Quien: Para todas las familias de  
East High y West High bienvenidos!*

