

ALAN MELDRUM

Assistant Coach/ Player Development

Alan Meldrum is entering his first season at East High and is excited to work with Coach Smith and contribute to a winning program. He has been involved at East as a substitute teacher the past two years.

Alan grew up in Bountiful and played on the varsity basketball team at Bountiful High School from 1979-1981. He played football and was first team All-State in 1981 and was awarded a scholarship to play at the University of Utah. He learned lifelong lessons from coaches Ron McBride (who later became head coach at the University of Utah) and Pat Hill (who later became head coach at Fresno State). Unable to continue playing due to a spine injury, Alan excelled in academics and graduated with a B.A. degree in English and History in 1985. Alan has always loved basketball and has had the goal of coaching and teaching youth at the high school level.

After his daughter's untimely death in 2013 and 31 years working in private business and the federal government, Alan retired in order to pursue his goals and make a positive difference in the lives of teens. He is hopeful to not only help East High continue to excel on the basketball court, but to be a voice and advocate for students who suffer from depression and other mental illnesses to receive the help they need. He supports several non-profit groups advocating mental health awareness and the prevention of teenage suicide, and is involved with and serves the local group LOSS (Loved Ones Suicide Survivors Group.)

Alan is married and lives in Bountiful. He enjoys sports, the outdoors, hiking, and writing. Alan is a grandfather of two and the proud father of four daughters, a son, and a two year old miniature Dachshund.