

EAST HIGH SCHOOL TENNIS DISCLOSURE DOCUMENT

Tryouts

- Tryout dates are posted in advance on the school website tennis page.
- THERE ARE **NO MAKE-UP OR ALTERNATE TRY-OUT DATES** AND ANYONE WHO WISHES TO BE ON THE TEAM SHOULD PLEASE SCHEDULE ACCORDINGLY. PLEASE UNDERSTAND THAT IT IS NOT POSSIBLE TO MAKE ANY EXCEPTIONS WHATSOEVER. PLEASE DO NOT CALL OR E-MAIL REQUESTING THAT THE COACHES DO SO.
- Players must bring their own water jugs and equipment to tryouts.
- **Tryouts are CLOSED** – meaning that parents and spectators may not attend.
- Player selection will be based on form, attitude, sportsmanship, team spirit and previous participation, year in school, wins, as well as coaches' observations.
- **IN ORDER TO QUALIFY AND BE ELIGIBLE FOR TRYOUTS PLAYERS MUST:**
 1. Have signed up on registermyathlete.com (you do not have to pay fees before tryouts)
 2. Print out and bring this **signed** disclosure form the **FIRST DAY** of tryouts.
 3. Be on time!
 4. These eligibility rules apply to all incoming and existing players and **NOBODY will be allowed to play or try out for the team unless all three requirements have been met.** Please avoid being disqualified by making sure that you comply.
- **TENNIS TEAMS ARE TYPICALLY FINALIZED BY THE END OF TRYOUT WEEK.** The final V/JV team rosters will be e-mailed. Please respect the coaches' decision as final and note that there will be no extended or additional tryout opportunities.
- 16 Players will be selected, 7 for JV, 7 for Varsity and 2 alternates / team managers.
- Alternate players are expected to attend every practice and match and will replace any player who cannot participate. Most alternates have the opportunity to play in at least some of the matches but there is no guarantee.
- East High School has a "no cut" policy, meaning that all players not selected for JV or Varsity will have the opportunity of participating in our Tennis Outreach Program for beginning and developing players. They will meet separately. Details TBA
- All selected team players must be available for possible pre-season and seasonal travel for team tournament/s. This may involve traveling with the team and overnight stays. Details and dates TBA.
- **In order to participate, all players (JV, Varsity & Developmental) must have paid all fees due and** completed a physical with forms turned in to your coach before pre-season matches commence (coach to inform players of exact due date.)

Fees: \$50 participation fee, \$80 to \$130 additional for Uniform and Equipment charges (exact cost TBA).

In addition there will be tournament / travel costs of approximately \$250 per player (exact amount to be confirmed.)

Fundraising: Every player is expected to participate in the team fundraiser to raise funds for their end of season banquet, awards, and team expenses. Funds raised also sponsor players in need and support the Tennis Outreach Program.

Any player who has not submitted their pre-participation physical AND paid their fees in full by the first match will be disqualified and is in danger of losing their place on the team.

TENNIS PLAYER CONDUCT AND PARTICIPATION RULES AND EXPECTATIONS:

All JV and Varsity players must adhere to the following rules, policies, and expectations:

PRACTICES:

- **PLEASE REFER TO THE CALENDAR PROVIDED BY YOUR COACH with practice times. After tryout week, practice takes place every weekday afternoon from 3 – 5 pm. (With the exception of the Lady Leopards who practice in the morning from 8:30 – 10:30 am until school starts in August.)**
- Practices are **mandatory** and you need to attend *every* practice. Some of you may have work conflicts, school conflicts or lessons. The expectation is that school studies and tennis will be your #1 priorities during the tennis season. If you are unable to do that, you may want to reconsider playing tennis at East High.
- In the event of bad weather, practice will not be cancelled – instead you are to report to Coach Dovale’s classroom D304 after school by 2:45pm for tennis strategy instruction.
- **EXCUSED ABSENCES:** Examples include illness, injury, (doctor’s note required), ACT testing, funerals.
- **UNEXCUSED ABSENCES:** Examples include: **Lessons, tournaments, making up schoolwork, jobs, vacations, other activities and extra murals.** Please schedule all these outside of tennis team practice and match times. This is a short, intense season and 100% commitment is required.

An attendance roll will be taken at every practice and match.

Two unexcused absences =1 match suspension (you are still required to attend in uniform and support the team, however)

Four unexcused absences = player taken off the team indefinitely

Two ‘tardies’ to practice = 1 unexcused absence

Leaving match early* = Tardy

GRADES- District and State policy is that you have a 2.0 with no more than 1 F.

BEHAVIOR & SPORTSMANSHIP

- As a representative of East High School you are expected to follow appropriate tennis etiquette and exhibit exemplary sportsmanship at all times.
- You should always be respectful towards your opponent, team members, coaches, and opposing team coaches.
- You must be familiar with and follow all UHSSA and Friend of the Court rules and guidelines.
- Unsportsmanlike conduct includes: inappropriate questioning or challenging coaches or other players, cursing or foul language, yelling, rude gesturing, throwing or hitting your racket on the court, nets, or fence.
- Any violation of appropriate conduct rules during practice or match time may result in match suspension, and/or temporary or permanent removal from the team.
- You are required to travel to all “away” matches with the team on the bus.
- If you return from “away” matches with a parent, please inform your coach or the team mom in advance so that the bus does not wait for you.
- All players must be in complete uniform, including footwear, upon arrival at the courts for a match. Appropriate tennis attire is also required at every practice – no jeans or street clothes.

- **All players MUST support the team until the END of the match***. This means that no player may leave any match early. You are expected to actively support and not socialize, be on your phone, or do homework while your team members (including JV) are still competing.
- Players who leave early will have the same consequences as for “Tardies” (see above) The aim is to strengthen and uphold team spirit and support each other the entire season. Although tennis is an individual sport, at high school it is also a team sport and the focus is on our combined success.
- Cell phones must be silenced and put away during practice and match time.
- Under no circumstances is any player to leave the court or area of play during a match. Even a trip to the restroom in the middle of a match (even during set breaks) must be approved by your coach as well as the coach of the opposing team.
- Players may NOT talk to parents or anyone other than their coach in between games or sets.
- Players *must* be available to see the season through to Regions and State. UHSSA regulations impose a \$500 fine on individuals and their school if players miss State competition days to participate in individual tournaments.

OTHER EXPECTATIONS:

- Any issues regarding participation or attendance must be **addressed directly with the Head Coach**. Please refer to the attendance requirements above. Texting or telling anyone else, including the team mom, assistant coaches, captains, or other players will result in an unexcused absence or tardy.
- **Always bring your own water to practices and matches**. Water is usually available for refilling your water bottle but it is advisable to bring your own as well.
- Keep a few practice balls in your racket cover at all times for warming up before practice and match play.
- Every player is expected to participate in the team fundraiser.
- Players are expected and encouraged to attend team dinners and the end-of-season banquet. This builds team spirit and camaraderie.
- Mentoring of beginner and less experienced players is appreciated and encouraged.

HOW TO “LETTER” IN TENNIS:

- Play on the Varsity team.
- Attend all practices, matches, *and team functions*. (Only one tardy and two **excused** practice and match absences combined permitted.)
- Contribute meaningfully to the team, demonstrating exemplary sportsmanship and conduct throughout the season.

Note: Lettering is not dependent on number of wins although outstanding play is taken into account. Varsity players of all grades qualify if they meet the above criteria. The Head Coach will make the final determination on Lettering candidates and awards.

PARENTS:

Your support is valued and a key part of your child’s and the team’s success. However, the officially appointed school tennis coaches have ultimate authority over the team and the tennis program and you are asked to respect and support that.

Please do not

- Attend practices except for the last 15 minutes. It is a distraction for the players and team and you are respectfully asked to comply with this.
- Talk to players during practice or match time offering advice or coaching tips.

- Tell the coaches what to say to your player during match end game/set coaching time.
- Step onto the court at any time during warm-ups, practices, or matches.
- Approach the opposing team coach with any issues you may have regarding play: this should go through your player's own team coach.
- Arrange any team competition or functions without approval from the head coach.
- Coach your player at any time during matches or make any comments that could be construed as coaching.
- Interfere in practices, coaching strategy, or match play. This includes correcting line calls or scores.
- Disrespect the coaches or opposing coaches in any way.
- Expect your player to be the exception to the attendance rules set out above.
- Take your player or any other players home before all match play has ended for the day and the head coach has given permission.

Any issues or problems should be respectfully addressed with the Head Coach. If these issues are unresolved, the Athletic Director should be consulted. The AD may then refer issues to the Principal as deemed necessary.

Let's have a happy and successful season!

Shandré Dovale
Head Coach: Girl's Tennis

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Jenny Whittle
Assistant Coach: Girls' Tennis

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PLEASE DETACH AND RETURN THIS PAGE ONLY:

I VERIFY THAT I HAVE READ, UNDERSTAND, AND AGREE TO ABIDE BY ALL RULES AND EXPECTATIONS OUTLINED IN THE DISCLOSURE DOCUMENT FOR EAST HIGH SCHOOL TENNIS TEAM PARTICIPATION.

DATE: _____ Please circle: Men's Spring / Women's Fall

STUDENT'S PRINTED NAME: _____

STUDENT'S E-MAIL ADDRESS: _____

PLEASE CHECK: Freshman _____ Sophomore _____ Junior _____ Senior _____

STUDENT'S CELL PHONE #: _____

STUDENT'S SIGNATURE _____

PARENT/GUARDIAN #1 (Father) NAME & SIGNATURE:

PARENT/GUARDIAN #2 (Mother) NAME & SIGNATURE:

PHONE NUMBERS: H _____ W _____

CELL _____

PARENT #1 EMAIL: _____

PARENT #2 EMAIL: _____