

EAST HIGH SCHOOL **LEOPARD NEWS**



October 2018

The Leopard News is a cooperative publication of the East High Administration and PTSA

PRINCIPAL'S MESSAGE

In 2011, education researcher John Hattie shook the education world with release of years of education analysis in his book, *Visible Teaching*. The book was a report on meticulously recorded data looking at a total of 252 influences on student learning that happen every day in schools and in students' lives. To dramatically simplify Hattie's research: his data collection and analysis determined what schools, teachers, parents, communities, and classmates do (or don't do) that most impacts student learning and learning outcomes. His research measured everything from classroom discussion to a student's socioeconomic status to inclusion of chess or music instruction in the school. What Hattie discovered has caused seismic shifts in educators' approach to pedagogy and practice.

East High School is no exception. As part of the turnaround school process, your child's teachers and administrators have been actively engaged in weekly professional development, much of which is focused on Hattie's research. We've been making semester-long goals that give us the most bang for our buck, according to Hattie's research. Our semester goals highlight some of the most positively effective factors impacting student success.

Our first goal is to make students more aware of the learning objectives in their classes. We want every student to be able to answer the following for every class they take at East:

- **What did I learn?**
- **Why did I learn it?**
- **How will I know I've mastered this material?**

In other words, we want to make the invisible more visible for our students. The research shows an effect size that significantly benefits students. In *Visible Teaching*, Hattie writes, "The aim is to get

students . . . to actively manage and understand their learning gains. This includes evaluating their own progress, being more responsible for their learning, and being involved with peers in learning together about gains in learning." We want to help create students who are active evaluators of their own progress.

So here's where you can help us better serve your child: ask them these questions about their classes each day or each week. We know that conversations with your child that start with "what did you learn at school today?" aren't always fruitful, but it turns out asking this question has always been good parenting, according to the research. Self-reflection like this not only improves learning of the topic discussed, it makes students more self-aware learners, capable of identifying, explaining, and addressing their own strengths and weaknesses. If your child struggles to answer this, start by asking to see what your child is writing down in their planner, many students are copying down essential questions and agendas that will give you insights and topics to discuss. Parents can also share and model how to do this by discussing what they did or learned at home, work, or out in the community and why it matters and how they know they've done it well.

We know that parents want their child to find academic success during their time at East. We also know that you care about what your child is learning. Please know that your conversations with your child do impact their learning, their growth, and their identities as learners. We appreciate all you do to help us offer your child the best possible education and preparation for post-high school pursuits. We couldn't do our work half as well without all the work East High parents do to support us!

Greg Maughan
Principal

SCHOLARSHIPS

COLLEGE AND SCHOLARSHIP NIGHT

Wednesday, October 10, 6:00 p.m.- 8:00 p.m. at East High School for students of all grades and their parents. Breakout sessions will include:

* Searching for Scholarships

- Writing Effective College and Scholarship Essays
- Honors College, Why and How
- Preparing for College and Scholarships for Grades 9 and 10
- Preparing for and Applying to Out of State Colleges for all Grades
- Paying for College After the First Year
- College for First Generation Students

OCTOBER SCHOLARSHIPS

AES ENGINEERING SCHOLARSHIP

CRITERIA: Seniors. Students need not be pursuing an engineering degree to eligible. Short essay required. See website for topic.

AMOUNT: \$500

DEADLINE: Oct 6 WEBSITE: www.scholarships@aesengineers.com

HAZ LA U SCHOLARSHIP

CRITERIA: Seniors write 3 short essays of 500 words or less on a selection of topics. AMOUNT: \$2000-\$15,000

DEADLINE: Oct 15 WEBSITE: www.colgate.com/HazLaU

OMEGA PSI PHI FRATERNITY ESSAY COMPETITION

CRITERIA: Open to any high school Senior living in Utah in good academic standing. 700-750 word essay on assigned topic required.

AMOUNT: \$300-\$5000

DEADLINE: Oct 19 WEBSITE: www.Ques-TriIota.org

HORATIO ALGER STATE AND NATIONAL SCHOLARSHIPS

CRITERIA: Seniors with a strong commitment to completing a bachelor's degree at an accredited college. US Citizen. 2.0 GPA, critical financial need as, perseverance in overcoming adversity, U.S. citizen.

AMOUNT: Up to \$25,000

DEADLINE: October 25, 3:00 pm WEBSITE: www.horatioalger.org/scholarship

LEUKEMIA & LYMPHOMA SOCIETY STUDENT OF THE YEAR

CRITERIA: Grades 9-12. Students who are enthusiastic about volunteerism, philanthropy, community outreach and leadership.

AMOUNT: \$500-\$2500

DEADLINE Oct 31 WEBSITE: www.lls.org/ut Contact Susan Henson at 801-281- 6618 for more information.

VOICE OF DEMOCRACY VFW SCHOLARSHIP

CRITERIA: 9- 12 grade. Essay and recording of essay required.

AMOUNT: Up to \$30,000.

DEADLINE: Oct 31 WEBSITE: www.vfw.org

COCA-COLA SCHOLARSHIP

CRITERIA: For seniors with GPA of 3.0 or better. Based on leadership, character, and achievement both inside and outside of the classroom. AMOUNT: \$1000-20,000

DEADLINE: October 31 WEBSITE: www.cocacolascholars.org

COUNSELING CENTER

ACT

The next ACT exam will be on **Saturday, October 27, 2018**. Bring your admittance paper, picture ID, pencils, and approved calculator. No cell phones or pagers are allowed. See www.actstudent.org for more information.

Other ACT test dates are as follows:

Sat., December 8, 2018 - Registration Deadline of November 2, 2018

Sat., February 9, 2019 - Registration Deadline of January 11, 2019

Sat., April 13, 2019 - Registration Deadline of March 8, 2019

Sat., June 8, 2019 - Registration Deadline of May 3, 2019



IMPORTANT PSAT INFO (FOR JUNIORS AND SOPHOMORES)

Attention Juniors and Sophomores,

The PSAT will be offered Wednesday, October 10 at East High. This is a practice test for the S.A.T. college admission test and is open to all Juniors and Sophomores. Additionally, Juniors hoping to qualify as National Merit Scholars must take the P.S.A.T. on this date. We have a limited number of tests available, so those interested in taking the test should register as soon as possible. Registration must be completed no later than October 5.

To register, bring \$15.00 to the treasurer's office, and don't forget to pick up your information packet!

If tests are still available, students from other schools may register beginning October 2 -5 (\$15.00 at the treasurer's office).

STUDENT SERVICES

We have an amazing group of volunteers serving students and families at East this year! They hold a variety of positions, some at school, some doing deliveries, some weekly or monthly. Thank you, one and all. Our services would not exist without your help and dedication.

We still have a couple of positions open. Please contact Kris Bart if you would like to see if your schedule and interests would be a good fit at East. We know that your compassion and skills already are!

Also, last year the EHS PTSA and EHS Student and Family Support and a heroic Eagle Scout joined forces to help over 50 families enjoy and more bountiful Thanksgiving holiday. We also were able to provide 50 families in need with an amazing show of love through our “Secret Santa” program. Please consider being a “Secret Santa” or supporting our Thanksgiving Food Drive. If you have a Scout that would like to spearhead Thanksgiving help here at East, please let us know.

You can reach out to Kris.barta@slcschools.org or our PTSA President Angelahmckellar@gmail.com

Many Thanks,
Kris Barta



STUDENT AND FAMILY SUPPORT

We offer these services to those that need them:

Leopard Stash – Food and hygiene pantry, open daily before school and after school.

Leopard Boutique – Clothing pantry, open before school and during both lunches, every Tuesday and Thursday.

Leopard Washrooms – Shower/laundry facilities and supplies, available every day, access granted through Kris Barta in Student Services or an East Administrator.

COMMUNITY DROP-OFF:

Bring donations to the front of the school every Wednesday from 2:45pm-3:15pm and look for students with a red cart. Donations can also be made at the front office, Monday-Friday from 8am-2pm. We also gladly accept in-kind and cash donations.

If you would like to donate [click here for a list of needed items.](#)



EAST HIGH ATHLETICS

EAST HOCKEY

East Ice Hockey Club is excited to begin the 2018-19 season. East Hockey is open to all students attending East High. We welcome all experienced and new players. Most practices and many of our home games will be held at Salt Lake City Sports Complex.

Please contact Gina Capps ginacappspnp@gmail.com or Misty Herbstritt misty@herbstritt.org for more information.



LITTLE LEOPARDS CHEER CLINIC FUNDRAISER

Date: Oct 15 – Oct 17 and game performance on Friday, Oct 18

Time: 4:30pm – 6:00 pm on October 15 - 17
7:00pm on October 18

Place: East High School Commons, Monday - Wednesday
East High Football Stadium, Friday

Cost: \$25.00 (includes registration fee, t-shirt, daily treats, and game admission for participant and one adult)

Registration: Monday, Oct 15, 3:30-4:30 in the EHS Commons.
Make checks payable to East High School.

This clinic is a great opportunity to learn, make friends, perform, and have fun! Participants will learn cheers and a dance routine to perform during halftime of the East High School football game on Friday, Oct 18th.



**Little Leopards
Cheer Clinic**

EAST HIGH ATHLETICS

EAST BOYS BASKETBALL

Tryouts for East High Boys Basketball will start on **November 5**. In preparation for team tryouts weight training for 10th - 12th grades is 4:30-5:15 Monday and Wednesday and open gym practices for 9th-12th grades is 5:15-7pm Mondays and Wednesdays.

In order for students to participate in tryouts, they must:

- Meet the UHSAA academic standards (2.0 GPA and no more than 1 F/I/NG).
- Register for basketball online at registermyathlete.com
- Complete the [Pre-Participation Health Exam](#).

Please pay the \$50 basketball activity fee after team tryouts.
Any questions email east.basketball@yahoo.com

It's gonna be a great year!



STUDENT GOVERNMENT

Hey, Leopards! We have a busy month of October coming up! Next week, October 1st through 6th, is Homecoming Week! This year we are incorporating a Harry Potter theme. The school will be fully decorated to be Hogwarts Castle, there will be awesome lunchtime activities, plus Harry Potter assembly skits and dress up days throughout the week!

The week is starting off with the **Homecoming Carnival** on Monday October 1st from 5 to 7 PM. There will be food, games and even a dunk tank in the back of the school! To continue our Harry Potter theme, there will be a **Movie Night** on Wednesday! Starting at 7:30 PM in the Commons, we are showing *Harry Potter and the Sorcerer's Stone* for the student body. There will be free popcorn but we are also encouraging students to bring blankets, pillows, chairs and treats to really enjoy their movie experience! Our final day of Homecoming Week will be concluded with our **Homecoming Assembly** during school on Friday. Get ready for Harry Potter puppets, more SBO President and Vice comedy sketches and student performances! Our school wide **Swap-An-E program** will also be revealed during the assembly and each student will receive a shirt. Our football team is up against Riverton that Friday night and it's going to be a White Out in the MESS! Wear your new Swap-An-E shirts if you can! We are really encouraging participation from every grade for Homecoming this year. That means dressing up during the week, attendance at the Movie Night on

Wednesday and the Homecoming football game on Friday. EVERYONE is welcome to come to the dance Saturday night!

Both our Student Senate and Student Government have an amazing Homecoming Week planned and we are so excited to share it with you guys! Let's kick off the Fall season right!

Kate Christensen
SBO Publicity



EHS SENIOR SALUTES

Parents SALUTE your Senior
with a BABY AD in the
East High Yearbook (aka Eastonia).

Ella Modesto



You will always be our little girl! Love, Mom & Dad

Half page ad



Melissa Holley

You've made us so proud. We share your smile.
Watch out, LSU!!! Here she comes!
Love, Mom, Dad & Aunt Dawn



David Toffaletti

We're looking forward
to more roadtrips to
swim meets.
Have fun (but not too
much!) at FSU!
Love, Mom & Dad



Eighth
page ad



Robin Springs

We love you
Love, Mom & Dad



Mary Jackson

We are so proud of you.
Love, Mom & Dad

Sixteenth
page ad

Quarter page ad

Ads Start at only \$30 @
eastonia.ehsgraphics.org
deadline extended through Oct 26th

EAST HIGH SCHOOL E HOMECOMING

Carnival

Our Homecoming Carnival was a huge success!

Thanks to everyone who participated and attended! I have sincerely loved meeting so many new people, we have such an incredible community. And these students really do have my heart. Please let me know anytime if there are any questions or concerns that I should be aware of. For the most up to date information, follow us on Instagram @easthighptsa. We are also continuing to gather email addresses of anyone who would like to be on our volunteer list for upcoming events and opportunities.

Go East!

Angela McKellar
2018-19 PTSA President
angelahmckellar@gmail.com

PTSA

National PTA Reflections welcomes, free of charge, students from all grades and abilities to be involved in the arts. Annually, thousands of students across the country will reflect on a common theme and create original works of art in the categories of

- Dance
- Literature
- Photography
- Choreography
- Film Production
- Music Composition
 - 2D Visual Arts
 - 3D Visual Arts


Winning entries from our school can go on to region, state or even national levels of competition.

The Reflections theme for 2018-19 is

Heroes Around Me

All entries are due by 2:30 pm to the office on
Friday, October 26th, 2018

Each student may submit one entry per art category. Every entry must include a one-page completed Student Entry Form. Forms are available in the school office or go to <http://www.utahpta.org/reflections>.



The poster features a vibrant, geometric background with overlapping triangles in shades of yellow, orange, and purple. At the top, the text "50th NATIONAL PTA REFLECTIONS 2018-2019" is displayed in a serif font. Below this, the title "HEROES AROUND ME" is written in large, bold, block letters, with "HEROES" in red, "AROUND" in blue, and "ME" in yellow. In the lower-left corner, the phrase "Call for Entries!" is written in a white, sans-serif font. To the right of this, a white box contains the text "Deadline for Entries: October 26". Below the deadline box, the text "For Details: jodyglende@gmail.com" is shown. Further down, the text "Learn more and get involved! utahpta.org/reflections" is displayed. At the bottom center, there is a cluster of six circular icons representing different art forms: a paint palette, a person running, a video camera, a musical note, a camera lens, and a book. Below these icons, the text "Learn more and get involved! PTA.ORG/REFLECTIONS" is written. In the bottom right corner, the National PTA logo is visible, with the tagline "everychild.onevoice®" underneath it.

50th NATIONAL PTA REFLECTIONS®
2018-2019

HEROES AROUND ME

Call for
Entries!

Deadline for Entries:
October 26

For Details:
jodyglende@gmail.com

Learn more and get involved!
utahpta.org/reflections

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National
PTA
everychild.onevoice®