

EAST HIGH SCHOOL **LEOPARD NEWS**



February 2019

The Leopard News is a cooperative publication of the East High Administration and PTSA



PRINCIPAL'S MESSAGE

The first half of our school year is over, and it was a busy time for East High. Not only did our students accomplish incredible feats in the classroom, on the stage, court, and fields, the Leopard Stash partnered with Smith's Food and Drug, offering three years of funding for our food pantry. Faculty have also been incredibly busy in weekly professional development, designing curriculum focused explicit objectives and essential questions which help students be better equipped to answer the questions:

- What am I learning?
- Why am I learning it?
- How will I know I've mastered it?

This was our first 90-day school plan. What we've learned in the past months has been beneficial in meaningful curriculum design, has added greater focus in our classrooms, and has had a significant impact on students in data we collected throughout December. But we are not done yet! We want to make this process even more worthwhile for our students. Therefore, this month we've finalized our next 90-day plan: we want East's students to demonstrate increased understanding of what they are learning, why they are learning it, and how they'll know if they are successful. We intend to do this by focusing on the HOW, specifically by honing in on process above product, the journey of learning from a growth mindset framework. Our emphasis as a faculty is on giving quality teacher feedback. Student learning is most visible to students when they can articulate and be reflective about their own learning; we know meaningful feedback and a focus on process will help East's students toward metacognition, or "thinking about thinking." We

hope to help students better understand where they are headed, where they are at now in their journey, and how far they have come. This is a growth mindset model that encourages every learner exactly where they are.

East High administration and faculty is excited to launch into this in our own learning process every Monday Late Start in Professional Learning Communities, bettering our teaching game while students get just a little more shut eye before starting the school week. We are dedicated to a growth mindset model, believing that leading by example is imperative to our Leopards reaching their full potential.

Greg Maughan
Principal



NEWS

USHAA PROPOSAL APPROVED

Last week was a great week for our students, school, and community! East's appeal to the UHSAA was approved in its entirety. East was placed back into 5A for all activities except football and we'll be competing again in Region 6. This is a huge boost for our school! We will be able to foster deeper rivalries with schools such as Highland, Olympus, Skyline, and Murray, while rekindling or building new rivalries with Brighton, Cottonwood, and Hillcrest. East football was approved to remain in 6A, Region 3.

I want to thank everyone for their support and dedication to East High. UHSAA received a great deal of input from our community including parents, students, and faculty & staff. East had an AWESOME show of support from so many parents who attended the entire meeting. I believe that strong showing had an impact on the Board of Trustees. I certainly felt the pride of our East community family.

Over the previous few weeks my administrative team and Athletic Director worked hard to develop a strong strategy and plan for the appeal presentation. I am extremely grateful for their willingness to dedicate additional time to prepare for this endeavor. Coach Lowe put together nearly a dozen different classification and region alignment possibilities that we could propose. Ultimately, we selected just three to present in our appeal yesterday. Thankfully, UHSAA staff and the Board of Trustees voted in our favor. I appreciate their willingness to listen and consider our appeal; I know it is a huge undertaking they have while trying to balance big picture needs equitably. Again, thank you to our entire East community!!!

Respectfully,

Greg Maughan

STUDENT SCHOOL BOARD SPOT

We are excited to have the opportunity for one of our East students to serve on the Salt Lake City School District School Board for the 2019-2020 school year. This opportunity is open to upcoming 10th, 11th, and 12th grade students. The selected student will be committing to attend and participate in two Board meetings per month (generally the first and third Tuesday of the month) as well as possible extra study sessions throughout the year. Students who are interested in applying for the position will need to submit the completed application to Malynda, in the Main Office, by 3:00 pm on February 20. Students can pick up their blank application from Malynda in the Main Office or obtain the application from the SLCSO website. Qualifications include:

1. Applicants must have a grade point average of 2.5 or better during the two terms preceding the application
2. Applicants must be on schedule to graduate with their class.

Applicant interviews will be scheduled later that week and/or possibly into the following week. Please feel free to contact either Malynda Ivory or Greg Maughan with questions.



TESTING

NAEP IS COMING TO EAST HIGH!

A randomly selected group of our 12th-graders will represent thousands of others across the country on February 8, 2019. Known as The Nation's Report Card, NAEP or National Assessment of Educational Progress, is the largest nationally representative and continuing assessment of what students in the United States know and can do in a variety of subjects. Learn more at <http://1.usa.gov/1jVs1Wt>.

Students selected for the NAEP test will be notified the week of January 28, 2019.

STATE ACT TEST DATE:

ALL JUNIORS will take the ACT on February 20. Please be rested and ready! Freshmen, sophomores, and seniors do not attend school on February 20.

This is the link to view calculators permitted on the ACT:
<http://www.act.org/content/dam/act/unsecured/documents/ACT-calculator-policy.pdf>

ADVANCED PLACEMENT (AP) INFORMATION:

Students interested in registering for AP Exams please follow the steps listed below to sign up for the AP exams. AP exams will cost \$94.00 per exam:

- Please pay our Treasurer, Kim Schneider, prior to Friday, March 22, 2019 to avoid a late fee (\$45.00). When paying, identify which exam(s) you will be taking. Payments can be made by cash, check, credit card, or online at myschoolfees.com. If you are paying by check, please make your check payable to East High School.
- Exams ordered after March 22, 2019 will incur a late fee of \$45.00. ALL Exams must be ordered by Friday, April 5, 2019. No exams will be ordered after this date.
- Students requesting accommodations (with supporting documentation) must do so with Mrs. Cheney in the library before February 19, 2019 – No date extension! A consent form must be signed.
- Students on a fee waiver must see Laura Cheney (Library B202) prior to registering for their exam.

The Bulletin for AP Students and Parents 2018- 2019 (log on to www.collegeboard.org) gives you information regarding the AP exams, along with the dates and times for each exam. Please review the dates and times that correspond with the AP exam(s) you will be taking. If you are involved with spring athletics or other school competitions, please check with your coach or sponsor on dates for Region and State competitions. If you need to take a late exam due to any of these situations you will be required to pay an additional \$45.00. If you are participating in competitions that will conflict with AP exam dates, please see Laura Cheney in the library by **April 5, 2019. Late exams will not be administered for any non-school related reasons.**

If you have any questions, please contact your AP teacher(s) or you can contact at laura.cheney@slcschools.org or (801) 583-1661 ext. 1171.

TESTING

AP Testing Week 1

Test Date	Morning (8 AM)	Afternoon (12 PM)
Monday, May 6	AP United States Government and Politics	AP Chinese Language and Culture AP Environmental Science
Tuesday May 7	AP Seminar AP Spanish Language and Culture	AP Japanese Language and Culture AP Physics 1: Algebra-based
Wednesday May 8	AP English Literature and Composition	AP European History AP French Language and Culture
Thursday May 9	AP Chemistry AP Spanish Literature and Culture	AP German Language and Culture AP Psychology
Friday May 10	AP United States History	AP Computer Science Principles AP Physics 2: Algebra-based

Studio Art: May 10, 2019 is the last day for your school to submit digital portfolios (by 3pm) and to gather 2-D Design and Drawing students for the physical portfolio assembly. Students should have forwarded their completed digital portfolios to their teachers well before this date.

AP Testing Week 2

Test Date	Morning (8 AM)	Afternoon (12 PM)
Monday, May 13	AP Biology	AP Physics C: Mechanics*
Tuesday May 14	AP Calculus AB AP Calculus BC	AP Art History AP Human Geography
Wednesday May 15	AP English Language and Composition	AP Italian Language and Culture AP Macroeconomics
Thursday May 16	AP Comparative Government and Politics AP World History	AP Statistics
Friday May 17	AP Microeconomics AP Music Theory	AP Computer Science A AP Latin

***IMPORTANT ALERT**
AFTERNOON (2 p.m.) Special Exam time.
AP Physics C: Electricity and Magnetism is
the only exam given at 2 p.m.

COUNSELING CENTER

ACT

The next ACT exam will be held on **Saturday, Feb. 9, 2019**. On the day of the exam, bring your registration paper, picture ID, pencils, and approved calculator. No cell phones or pagers are allowed. See www.actstudent.org for more information.

Listed below are other ACT exam dates:

April 13, 2019 --- Registration Deadline of March 8, 2019

June 8, 2019 --- Registration Deadline of May 3, 2019

FRESHMAN CCR'S (Career & College Ready)

We will continue with our 9th Grade CCR's during the month of February. During this meeting, counselors will discuss educational and career goals, graduation requirements, post-high school plans, and classes for their sophomore year. Each student should have received a registration card and course catalog in their Language Arts class. These tentative course selections will be reviewed and finalized in this meeting. Attendance is extremely important. An appointment will be scheduled with your counselor on your behalf.

Susana Amezcua A – Corr
Mark Unruh Cors-G
Lauren Fredericks H-Lop

Kevin Waite Loq-O
Rose Evans P-Si
Will Harcourt Sj – Z

SCHOLARSHIPS

Click here to check out the East High Counselor webpage for all of the current scholarship opportunities!

HIGHER ED DAY FOR JUNIORS - February 5, 12:00pm - 2:30pm

In the past, students have filled out info cards at the event to receive information from the individual schools, but this can take a lot of time. We want to have students register prior to the college tour so that they have an active barcode to bring to the tour, allowing colleges to simply scan their barcode to receive information.

We need students to register and receive a barcode PRIOR to Higher Ed Day. This will be really hard to do the day of, due to the number of students attending and internet capabilities at the school. It will take them less than five minutes to complete their registration profile.

Have students check their school email (and spam folder) first to see if they already have a barcode generated. If not, have them register with the steps below. For students who do not receive an email, they need to register at www.gotocollegefairs.com.

- On a computer, select “Students Register Now”
- Select Utah on the map
- Select the Higher Ed Day, listed by date
- Select “Register Now” and complete the registration form
- Select “Print my barcode” and print.
- Students will receive an email two days before and the day of the fair with their barcode attached. This barcode can either be printed or displayed on their phone to be scanned. We do not recommend a screen shot of the barcode.

STUDENT SERVICES

EAST HIGH DIGITAL INCLUSION

Through a partnership with Comcast, students and their families can purchase a laptop or desktop computer for just \$150. These computers come preloaded with the software students need for school work. However, we need your help to ensure that all students can receive a much needed computer. We are asking the community to help us make these computers free to low-income students. A donation of any amount is greatly appreciated. A gift of \$150 would provide a student with a way to complete homework. Every student needs a working computer to be successful, and with your help we can make this a reality.

<http://give.saltlakeeducationfoundation.org/easthighalumni/digital-inclusion-initiative-donation>

One-hundred percent of the proceeds from your donation will go to replace these much-needed items in our schools. Please call (801) 578-8258 or email cultivating.resources@saltlakeeducationfoundation.org with any questions.

Thank you,
Kris Barta
Student Services



EAST High

JR. DANCE CLINIC

Presented by:

The East High School Dance Company as a fundraiser

Dates: February 6-8
Time: 4:30pm - 6:00pm on Feb. 6th & 7th and 6pm-8:00pm on Feb. 8th
Place: East High School Commons
Ages: 3 and up
Cost: \$25.00 (includes registration fee, t-shirt, daily snack, and game admission for participant and one adult. Registration will take place the first day of the workshop. Make checks payable to East High School.

This clinic is a great opportunity to learn, make friends, perform, and have fun! Participants will learn a dance routine to perform during the halftime of the Girls Varsity Basketball game against Skyline on Friday, Feb. 8th. The game begins at 7pm.

For more information email Tuesday.siciliano@slcschools.org



ATHLETICS

NEW ATHLETIC DEPARTMENT WEBSITE

We are happy to announce that we have a new athletic department website. It can be found at: <https://easthighleopards.com/> or linked to from our school website.

The site has been used in limited ways over the past few months, but we are excited to have people bookmark and start to use this site for athletic department news and information. The content available currently includes: schedules/results, rosters, team and athletic department information, resources for parents and coaches, tryout information, and links to useful sites and forms. This is a work in progress, so if you do not see what you're looking for, check back for updates.

We encourage you to sign-up for alerts at the top of the home page to receive texts and/or email updates about the sports which you participate in or support. Coaches will be able to quickly communicate through this tool when things change.

If you would like to contribute to the website by providing game photo galleries, please contact Coach Lowe at skip.lowe@slcschools.org.

We are excited about this addition to the athletic department and hope it is a valuable resources for all those that support our teams. GO EAST!!!

GIRLS TENNIS

The 2019-2020 Girls Tennis tryouts will be held August 5 at 9:00 am on the upper East High tennis courts. Put this on your calendar and look for further details in the coming months.

CHEER

CHEER UPCOMING DATES:

Cheer Tryout Meeting: February 13 at 4:00 pm in the EHS Library
For those students interested in trying out for 2019-2020 cheer squad. Parents are welcome.

Cheer Tryout Clinics: March 19- March 21, 3:30 – 5:30 pm in the Main Gym

Cheer Tryouts: March 22 at 3:00 pm in the Main Gym

BASEBALL

Winter baseball workouts have begun! We workout at 3 pm after school on Mondays, Wednesdays, and Thursdays in the batting cages downstairs next to the Wrestling room. Anyone is welcome to join! It is highly recommended to participate in these workouts if you plan on trying out for the baseball team at the end of February. These workouts will help you hone and improve your skills going into tryouts!

If you're interested in trying out with the team at the end of February, you'll also want to make sure to set up an account on registermyathlete.com, and make sure you have completed an up-to-date physical exam. For more information on these requirements, feel free to reach out to Coach Steve Joyce at stevejoyce1623@gmail.com.



ATHLETICS

BOYS TENNIS

We are happy to announce that Jamisen Goodell has accepted the head coaching position for the boys tennis program. Coach Goodell brings experience as both a high school tennis coach and math teacher from Nebraska. He also loves to play tennis and is excited to get started in his new role at East. Coach Goodell looks to take the tennis program to the next level through hard work and having fun while getting better.

GIRLS SOCCER

Important dates:

June 10: Summer workouts begin

June (dates TBA): Match Camp

June 30-July 6: Moratorium

July 29-30: Tryouts

August 6: First preseason game

August 19: First day of school

August 27: First region game

Visit GIRLS SOCCER @ <https://easthighleopards.com/> for updates

BOYS SOCCER

Boys Soccer tryouts will be Feb 25-27. Please make sure all registration and paperwork is completed. This information is available on the school athletics website and must be finished in order to try out.

We have also begun pre-season conditioning on Mondays, Wednesdays, and Thursdays until tryouts. The sessions will begin right after school. Meet in the Commons.

BOYS BASKETBALL

Upcoming summer events

U of U Team Camp

June 6-8, 2019

University of Utah Campus Basketball Facilities

East Varsity, JV, Sophomore and Freshmen teams competing

Juan Diego Tournament

June 12-14, 2019

Juan Diego High School, Draper

East Varsity, JV, and Sophomore teams competing

Big Mountain Jam

June 20-22, 2019

Mountain America Expo Center, Sandy

East Varsity, JV, Sophomore and Freshmen teams competing (possibly)

East High Camp

June 17-20, 2019 (tentatively)

East High Main Gym

High School Camp, 2-4pm, Junior High Camp, 4-6pm

June 24-27, 2019 (tentatively)

Elementary School Camp, 4-6pm

Check our web page often: <http://east.slcschools.org/athletics/boys-basketball/index.php>. Email any questions to: east.basketball@yahoo.com

ATHLETICS

SWIM TEAM

The East Swim Team is getting ready to wrap up their season with the State Meet on February 8 and 9. We have had a great season with over 50 swimmers not only swimming but enjoying fun activities including team dinners, early morning breakfasts, holiday parties, Nerf gun battles, sleepovers and exciting bus rides. As we wrap up our season we would like to thank ALL of our friends and families who have volunteered to time, officiate, make meals, cart kids to and from the pool, cheered on the team and supported all our fundraising efforts. We could not have done it without ALL of you! A special thank you to our coaches Max, Jack, Griffin and Logan for spending hours coaching our team and enduring the long season.

Special shout out to Senior Captain Connor Rich for making his high school goal of breaking a minute in the 100 Backstroke, Connor achieved this goal on January 22. Congratulations Connor!!

The following swimmers have made the Utah top 50 for Region 5; **Magy Mayer, Lily Mayer, Katya Hulse, Connor Rich** and **Sebastian Trias** with Magy, Lily and Katya already qualifying for the State Meet along with the girls relays. We are hoping to add a few more individual swimmers and the boys relays to the State Meet.

Please follow us on our blog
at eastswimteam.wordpress.com.



PTSA

HELLO EAST FAMILY,

So much has happened with PTA recently. Our big event in January was the Freshman Fair, a fun night for all current 8th graders who will be coming to East. We had many clubs, classes and teams show these kids about some of the great ways to get involved during high school. Many students, teachers, staff and parents worked very hard to make this evening a success, thank you! We have also been supporting student government by selling concessions at some school activities to earn some money to go towards some really fun things these kids are planning in the next few months. Working with student government kids is one of the greatest things about being a part of PTA. These kids are smart, organized and talented, and learning a LOT about leadership. Spirit Week is this week and we have come in each day to secretly count up all the money for Money Wars. We have had lots of input from parents about suggestions or ideas to improve our school. We are so happy that our administration is always interested to hear what PTA is thinking about, seriously considering our input, and they are great at explaining the complicated issues that our school faces. We still have so much to look forward to this year, and I feel so lucky to have East PTA be a big part of my life!

Follow us on Instagram @easthighptsa
Go EAST!

Angela McKellar
PTA President

