



**AVID – Advancement via Individual Determination
East High School
Student/Parent Welcome Letter**

Dear AVID Students and Parents,

On behalf of the East High School AVID Site Team, I would like to welcome all new and returning students to the AVID program. As you may already know, the primary goal of the AVID program is to help students achieve their goals of going to college. Many students who are admitted to the AVID program are typically bright students who might not have achieved their maximum academic potential in the past or may well be first generation college students.

The AVID elective class is a four-year elective class dedicated to providing support, academic monitoring & tutoring to each AVID student. The writing process, Socratic questioning, collaborative learning and reading are the core strategies of the program, since mastery in such strategies directly correlates with high school and college success.

What is required of an AVID student?

Each AVID student is asked to carry only ONE binder in which he or she will keep materials from all academic classes. Students keep track of assignments and are required to take DAILY notes or fill out learning logs in all core, academic classes. The notebooks are graded weekly for content and organization by AVID tutors. Led by tutors, students participate in tutorial groups in the AVID classroom. In addition, students are taught study skills, test preparation, time management, and the writing process. The student's performance in all classes is continuously monitored by the AVID teacher/coordinator.

Who are AVID Tutors, and What Do They Do?

East High is grateful to have numerous returning tutors to assist in the classroom. AVID tutors may be current/former college students or former educators who receive training in methodologies used in AVID: writing process, Socratic questioning, collaborative learning, and reading. They are in the classroom weekly to serve as models and to help students achieve success in rigorous classes. They are trained not to give students answers but rather to guide them toward answers. They may even ask permission to “shadow” students in their classes to help them learn how to take notes more effectively.

What Can Parents do to Support AVID Students?

Communication between the AVID teacher and the parent(s) is essential. For the 2018-19 school year, there are five AVID teachers, listed below. All will communicate with parents and encourage a collaborative relationship. At home, parents can see to it that students are doing their homework in a quiet place with few interruptions. By asking your student about his/her day, and inquiring about homework and the events of school, you will bridge what could be a great gap between his/her school life and home life. When the two are connected, successes increase.

In addition, stressing your belief that your student can succeed in high school and attend college will also motivate him/her to work harder and achieve more. Throughout the year, we will host Parent/Family Workshops and informational meetings, where we will address topics of concern relating to student success in high school and college applications and admission.

Thank you very much for all of your support! We are looking forward to working with you throughout all of the years that your son/daughter is part of the EHS AVID program.

Sincerely,

Cate Praggastis (C203) - AVID Coordinator/AVID 11 and 12

Shandre Dovale (D304) – AVID 9

Stephanie Shelton (C204) – AVID 9 and 11

Jay Puafisi (C216) AVID 10

Sandy Lopez (C206) AVID 10

This AVID Disclosure Statement is offered in Spanish, Vietnamese, Somali, French and Karen. Other languages are available upon request.

**AVID Agreement/Disclosure
(complete and return this form)**

Name of Student: _____

Student ID #: _____ East High Counselor: _____

AVID is a program designed to prepare students for four-year college eligibility. AVID's mission statement is to close the achievement gap by preparing all students for college readiness and success in a global society. As an AVID elective class, this course is designed to help students navigate a successful course toward college admission and success in the global workforce. AVID prepares students for the rigors of college, and provides them with academic skills, content knowledge, and social adaptability needed for college success.

Student Goals:

- Academic success in rigorous coursework
- Enrollment in advanced classes in high school

Student Responsibilities:

• Maintain a successful grade point average. Students cannot advance in the program if they do not maintain the following **minimum grade point average:**

- Freshman 2.5
- Sophomores 2.5
- Juniors 3.0
- Seniors 3.5

Parent Initials

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- * To be competitive for scholarships as seniors, students should strive for the highest possible grade point average.
 - Maintain satisfactory citizenship and attendance in all classes.
 - Maintain the AVID binder, as outlined in class, and daily notes or learning logs in all classes.
 - Complete all homework assignments and commit to at least two hours of homework every night.
 - Enroll in more challenging coursework by taking at least one honors, concurrent and/or AP course each school year.

Course Goals and Objectives

- Students will attend each AVID class prepared with their AVID binders, Day Planners, and Focused Notes from each of their core classes.
- Students will utilize their AVID binders as an organizational tool in each of their academic classes
- Students will come to tutorials prepared (completed TRF) and will participate in the discussions
- Students will employ the use of Cornell notes in all academic and AVID classes

Course Materials (Supplied by EHS AVID)

- Students must have a 3-inch binder to be used to store all materials they receive from each of their academic classes and this AVID elective class
- Section dividers to be used with the binder for each class (at least 8).
- 2-3 different colored highlighting markers
- Lined paper or Cornell Note Paper (located in binder) for taking notes in each class

Grading Procedures

Points based on daily assignments determine students' grades. The percentage of points earned, divided by the total points possible determines each student's letter grade. The grading scale is included with this disclosure statement. PowerSchool will be updated for this class regularly (at least weekly), so your grades reflected there should be fairly accurate.

Grading Scale

A 95-100	A- 90-94	
B+ 87-89	B 83-86	B- 80-82
C+ 77-79	C 73-76	C- 70-72
D+ 67-69	D 63-66	D-60-62
F 59 and lower		

Student Agreement:

I agree to accept enrollment into the AVID elective class, which will offer academic support. I want to succeed, and I understand that I must take individual responsibility for my own success. I understand that by completing the work given to me in each of my classes on time and to the best of my ability, I am only increasing my chances of gaining acceptance to a college or university. I understand that in order to give fair consideration to my involvement with the program, I must commit to remaining enrolled in the AVID elective for at least one year, and that I will be allowed to remain in the program only if I meet the student responsibilities outlined above. If I do not meet the student responsibilities listed above, I realize that enrollment in AVID is voluntary, so failure to meet my accepted responsibilities may result in my being placed on AVID Probation. If I continue to not meet my responsibilities, even after being placed on probation, I will exit myself from the AVID program and I will then have to enroll in a different elective class.

I agree to: (initial each box)

- Carry an AVID Approved Binder
- Use a Day planner, every day, every box
- Show up every day, ready to work hard and do my best work for all classes.
- Commit to putting my educational goals first!
- Have a TRF Form completed, prior to class, for each TRF day.
- Use Cornell Notes in all of my classes, for all of my homework. Engage with those notes and keep them in the proper place in binder.
- Keep all of my grades above a B-
- Check PowerSchool at least every other day.
- 4 hours of Community Service per term for an APPROVED community organization!
- Respect self, Respect others
- Refrain from inappropriate comments and posts in all Social Media

Student Printed Name Student Signature

Date

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East High School
AVID Agreement/Disclosure (Continued)

Support Agreement:

Parents/guardians are a vital aspect to a student's academic achievement. Your student will need your support and encouragement in order to get the most out of the AVID program as possible. Your student should be commended for being part of such a demanding, yet rewarding, program as AVID. This truly is a course that can change lives. The habits learned in this class will prove valuable for your student throughout his or her life. Please feel free to contact your student's AVID teacher whenever you have questions or want to learn how you can contribute to the success of the program. Your student's teacher's contact information can be found at the top of this disclosure statement.

We agree to support the efforts of this student in meeting the goals outlined on the previous page:

Parent/Guardian Printed Name Parent/Guardian Signature

AVID Coordinator Signature AVID Counselor Signature

AVID Administrator Signature Date

Important messages to the parent/guardian of the AVID student:

Publicity Release Statement:

Upon registration, you signed a "Media Release Form". Throughout your son/daughter's time in AVID, there may be several instances where photographs will be taken of the activities that take place in the AVID classroom. Since your son/daughter is a member of the AVID class, his/her picture may be included in such photographs, to be included in the site portfolio and/or in media releases that highlight our program. These pictures may be published in a wide variety of media, including but not limited to local/state/national news events, social media and video productions of AVID strategies in action. SLCSO policy dictates that such media releases, which contain photographs in which your son/daughter may appear, require the consent of a parent/guardian. Therefore, please sign below and indicate whether or not you permit your son/daughter to appear in photographs that highlight the East High School AVID program.

I do _____ I do not _____ permit my son/daughter to be photographed in the AVID classroom.

Parent/Guardian Signature if student is 18 years or younger Date _____

Parental Involvement:

The EHS AVID site team realizes the importance of parental involvement in promoting the success of AVID students. As such, occasional AVID Parent/Student nights will be offered throughout the year. The involvement of parent/guardians is highly encouraged even beyond such parent/student nights. We encourage all parent/guardians to continually ask to see your son/daughter's AVID binder so that you may gain a better perspective on his/her accomplishments in the AVID program. Furthermore, please never hesitate to contact any member of the AVID site team if you have any questions, concerns or you would like to assist in promoting the success of the program.

Parent/Guardian Contact Information:

Parent/Guardian Name: _____
Please Print Name

Parent/Guardian Cell Phone: _____ Home Phone _____

Parent/Guardian Email: _____

Would you be willing and interested in participating on our AVID Site Team Yes No

Parent Tips (as published in Family Life Magazine):

1. Know where your student is all the time.
2. Get to know their friends. The best way to insure success is to be surrounded by peers who want the same things, college and career.
3. Check out their Facebook page, Twitter account or other social media. This is NOT an invasion of privacy, but rather a way to show you are invested in the well-being and future of your student.
4. Listen and talk! Communication is a two-way process and it is important to talk to your student about their future, their plans, dreams and goals.
5. For East High – check PowerSchool at least once a week. PowerSchool will show you current grades and attendance.
6. Communicate with their teachers. It is fine to email teachers. You do NOT need to wait for Parent/Teacher Conference to discuss any issues or concerns.
7. If you do have a concern and need any assistance PLEASE!! call 801-583-1661– or send me an email – cate.praggastis@slcschools.org shandre.dovale@slcschools.org or jay.puafisi@slcschools.org, stephanie.shelton@slcschools.org , sandy.lopez@slcschools.org

Consejos para Padres (como se publicó en la revista Family Life):

1. Saber dónde está su estudiante todo el tiempo.
2. Conozca a sus amigos. La mejor manera de asegurar el éxito es estar rodeado de compañeros que quieren las mismas cosas, la universidad y la carrera.
3. Echa un vistazo a su página de Facebook, cuenta de Twitter u otras redes sociales. Esto NO es una invasión de privacidad, sino más bien una manera de demostrar que se invierte en el bienestar y el futuro de su estudiante.
4. Escuchar y hablar! La comunicación es un proceso de dos vías y es importante hablar con su estudiante acerca de su futuro, sus planes, sueños y metas.
5. Para East High-check PowerSchool al menos una vez a la semana. PowerSchool le mostrará las calificaciones actuales y la asistencia.
6. Comunicarse con sus maestros. Está bien enviar mensajes de correo electrónico a los profesores. Usted NO necesita esperar a que la Conferencia de Padres / Maestros discuta cualquier tema o preocupación.
7. ¡Si usted tiene una preocupación y necesita cualquier ayuda POR FAVOR !! llamada 801-583-1661– o envíe un correo electrónico a la dirección de arriba